



## Program Guide - Term 4 2022

### 3 October – 20 December

*Helping to create a connected and confident community*



**Office hours: Monday – Friday 9:00am – 3.30pm**

36 Belvedere Road, Seaford 3198  
Phone: 9776 8922  
Email: [reception@belvedere.org.au](mailto:reception@belvedere.org.au)  
[www.belvedere.org.au](http://www.belvedere.org.au)

To ensure that we keep all our staff, volunteers and centre users safe during COVID-19 pandemic, we have strong protocols in place as directed by DHHS.

# GENERAL INFORMATION

## About Us

Belvedere Community Centre Inc. (BCC) grew from humble beginnings in 1975 and moved into the current premises in 1991. We provide recreational and educational programs, as well as personal and social development programs.

## Program Information

### Enrolments

Enrolments for classes need to be confirmed by payment in full. If you have financial difficulties we can organise a regular payment option. Classes are subject to sufficient numbers.

To be eligible for our government funded training places you must be an Australian Citizen / Australian Permanent Resident or New Zealand Citizen.

### Fees

**MEMBERSHIP FEE:** The Belvedere Community Centre Inc. is an incorporated Association. All participants involved in program/activities are required to be members of the Centre. The annual membership of \$5 single / \$8 family must be paid at the beginning of the New Year for renewals or at the time of enrolment.

### Refunds

We regret that classes with low enrolments may be cancelled or deferred and you will be advised by telephone prior to the commencement of the class.

**The membership fee is not refundable.**

### Public Holidays

Classes will not run on Public Holidays. School holidays have special arrangements. Please ask at the office if your class is affected by School Holiday programming.

### Special Needs

Arrangements will be made where possible to integrate students with special needs. Ask at the office when enrolling.

### Compliments & Complaints

BCC feedback policy for compliments and complaints can be found on our web site or ask at reception.

**Disclaimer:** All details in this brochure were correct at the time of printing. BCC Inc. takes no responsibility for changes in details or incorrect information.

# CHILDREN'S PROGRAMS

## Rhythm and Rhymes Playgroup

Rhythm and Rhymes is suitable for babies - 3 years and is an opportunity for parents and carers to get together with their children for an hour and a half each week to sing, play and have fun.

Thursday & Friday

9:30am – 11:00am \$5.00 per family

## Rhythm and Rhymes Baby Playgroup

Rhythm and Rhymes is suitable for children under 12 months and is an opportunity for parents and carers to get together with their children for an hour and a half each week to sing, play and have fun.

Thursday

11:30am – 1:00pm \$5.00 per family

*\*Playgroups are held at Davey Richardson Pavilion – 151 East Rd, Seaford  
Look for our orange flag!*



**FREE**

## Children's Week 2022

Thursday 27 October 9:30am - 12:00pm

Music, movement and getting messy at Belvedere!

9:30am - Rhythm & Rhymes session with support from Tracey, our Auslan teacher!

10:00am - Moove & Groove along with Mel!

10:30am - 12:00pm - Messy play with lots of hands on sensory, messy and imaginative play.

Suitable for children 6 months - 5 years  
Bookings essential as places are limited  
Ph: 9776 8922

This event will be held at:  
Davey Richardson Pavilion  
151 East Rd, Seaford

Belvedere Community Centre



# HEALTH AND WELLBEING

## **Functional Fitness**

Improve balance, muscle tone and core strength with this gentle **seated and standing** Pilates workout. A great way to improve everyday movement. BYO light hand weights (1-2kg) and light resistance band (with handles preferably)

**Tuesday**

**10:30am – 11:15am**

## **Power Bar Pilates**

This class is completely adaptable, fun way to improve your core strength & tone your whole body. Suitable for all ages and abilities (must be able to get onto the floor). Work as hard or as easy as you like to reach your goals.

**Thursday**

**10:30am – 11:15am**

**Bookings essential - ring Simone on 0409688279 to book your place or for more details**

*\*Exercise classes are held at Davey Richardson Pavilion – 151 East Rd, Seaford*

# ADULT EDUCATION PROGRAMS

## **English language and Work Skills** (ACFE funded)

Build your English language skills in grammar, conversation and writing while developing confidence for use in everyday life and the workplace.

**Tuesday & Friday**

**9:30am – 12:30pm**

## **Reading & Writing support for work and everyday life** (ACFE funded)

Improve and develop your communication skills for everyday life at home or the workplace, with lessons in reading and writing. This is suitable for those with beginner reading skills.

**Thursday**

**9:30am – 12:00pm / 1:00pm – 3:30pm**

## **Fees for English and Literacy courses:**

- \$80 per term if Australian resident – non concession
- \$50 per term concession
- \$100 per term if not Australian resident

### **Auslan (ACFE funded)**

This 8 week beginner course will help you learn to communicate with deaf and hard of hearing people. This course is run by Tracey who is profoundly deaf. 8 weeks x 2.5hrs commencing week 11 October.

**Tuesday or Wednesday**

**6:00pm – 8:30pm**

**\$100 per course / \$60 concession**

### **Permaculture for the backyard (ACFE funded)**

This course will help you understand the basics of gardening and food sustainability. You will get hands on experience in a community garden. This 6 week course commences again in Spring 2022 at Down's Community Farm, 190 Old Wells Road, Seaford.

**Term 4 course will be held on weekends. Days and times to be confirmed.**

**\$80 per course / \$50 concession**

### **French**

Would you like to learn or improve your French language skills? These classes are taught by a native French speaking teacher. For enrolments and further details please contact Lisa on [lisaprimaud@gmail.com](mailto:lisaprimaud@gmail.com)

## COMPUTER CLASSES

### **Digital Essentials (ACFE funded)**

Learn to use different applications on your computer in a small group setting. Use text, email, Facebook, Skype, photos and more. Bring your own device or use our computers to learn the things that are important to you.

**Monday**

**1:00pm – 3:00pm**

**\$100 per term**

**Tuesdays at Frankston North Community Centre 9:00am – 12:00pm**

### **iPad & iPhone Essentials (ACFE funded)**

Would you like to find out all the tips, tricks and shortcuts when using your iPhone or iPad? How do I get the photos off my phone? How do I share my photos? What is the cloud?

**Tuesday**

**10:00am – 12:00pm**

**\$10 per class**

### **Be Connected for seniors**

Are you a senior and need some support to develop your digital skills and gain confidence to thrive in the digital world? Bring your devices. These **FREE** IT sessions are facilitated by one of our fabulous volunteers. Bookings essential.

**Tuesday**

**1:30pm – 3:00pm**



## Seaford Seaside Sewers

Come and join a likeminded group of quilters/patch workers. We can help you learn beautiful new stitches and patterns or work on your own project.

Friday

1:00pm – 4:00pm

\$5 per session



**CRAFTY CHRISTMAS**

Belvedere Community Centre Inc.

All workshops \$25 per session  
Thursday's 9:30am - 12:00pm  
Bookings essential as places are limited  
Ph: 9776 8922 36 Belvedere Rd, Seaford

<b>10 November</b> Make a gorgeous macrame hanging pot holder	<b>17 November</b> Design and make your own beautiful Xmas cards	<b>24 November</b> Make a gorgeous Xmas wreath for your house
<b>1 December</b> Make candles as gifts for your friends & family	<b>8 December</b> Design and make beautiful Xmas table decorations	<b>15 December</b> Impress you friends with easy edible Xmas gifts



BELVEDERE COMMUNITY CENTRE

**CELEBRATING SENIORS WEEK**

**FREE!**

**GAMES GALORE**  
**RUMMY-O, SCRABBLE, YAHTZEE & MORNING TEA!**

Monday 17 October 2022  
12:00pm - 2:00pm  
Bookings essential Ph: 9776 8922

Belvedere Community Centre  
36 Belvedere Road, Seaford 3198



We gratefully acknowledge the ongoing support from:



Families,  
Fairness  
and Housing

Please note our playgroups and exercise classes are now held at the Davey Richardson Pavilion, 151 East Road, Seaford.

All other classes are held at Belvedere Community Centre, 36 Belvedere Rd, Seaford.

You can keep up to date with what is happening at Belvedere Community Centre by following us on:

Facebook: @BelvedereCommunityCentreInc

Instagram: belvedere\_community\_centre

Web: [www.belvedere.org.au](http://www.belvedere.org.au)

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