



Program Guide - Term 2 2026

13th April – 26th of June

No classes Monday 8th of June (public Holiday)

Helping to create a connected and confident community

Term 2 Calendar 2026

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Morning</p> <p>9.15-10.15 - Fit After 50 9-11.30 - Craft & Cuppa 9.30-12.15 - Culture & Craft* 11-11.45 - Age Strong 12-12.45 - Standing Strong</p> <p>Afternoon</p> <p>12-2.30 - Classic Games 12-2.30 - Chatty Crochet 12.30-2.30 - Gather & Groove* 12.30-2 - B Supported</p> <p>Evening</p> <p>7-9 - Mensay Men's support Group</p> <p><small>*All Abilities Programs</small></p>	<p>Morning</p> <p>9.30-1.30 - Computers 10-11 - BCC Walkers 10-12 - Art Exploration</p> <p>Afternoon</p> <p>2 - 3.30 - Smart Phones</p> <p>Evening</p> <p>6.30-8.30 - Sketching classes with Dan</p>	<p>Morning</p> <p>9-11 - Social Art Group 9.15-10 - Fit After 50 9.30-10 - Storytime 11-11.45 - Age Strong 11-12 - Sing & Sway (F/N)</p> <p>Afternoon</p> <p>1-2 Walking Football</p> <p>Evening</p> <p>6-9.00 - Auslan</p>	<p>Morning</p> <p>9.15-10 - Fit After 50 9.30-11 - Playgroup 9.30-12 - Life Skills* 11-11.45 - Age Strong</p> <p>Afternoon</p> <p>12.15-2.30 - Lunch Club* 12.30-3.30 - Better Reading and Writing</p> <p>Holiday Program *</p> <p>10 - 2 - Second Thursday of each Term break*</p> <p><small>*All Abilities Programs</small></p>	<p>Morning</p> <p>9-9.45 - Tai Chi / Qigong 9-12 - Creative Cakes 10-11.00 - Fit After 50 10-11 - Book club (monthly)</p> <p>Afternoon</p> <p>1-3:30 - Seaford Sewers</p> <p><small>Every effort is made to ensure accuracy of Term Calendar - subject to change</small></p>

Office hours: Monday – Friday 9:00am – 3.30pm

Healthy Futures Hub

151 East Road, Seaford 3198

Phone: 9776 8922

Email: reception@belvedere.org.au

About us

Belvedere Community Centre Inc. (BCC) grew from humble beginnings in 1975 and moved into the Healthy Futures Hub in 2023. We provide recreational and educational programs, as well as personal and social development programs.

Program Information

Enrolments

Enrolments for classes are to be confirmed by payment in full. If you have financial difficulties, we can organise a regular payment option. Classes are subject to enrolment numbers.

To be eligible for our government subsidised training places you must be an Australian Citizen / Australian Permanent Resident or New Zealand Citizen.

Fees

MEMBERSHIP FEE: The Belvedere Community Centre Inc. is an incorporated Association. All participants involved in program/activities are required to be members of the Centre. The annual membership of \$5 single / \$8 family must be paid at the beginning of the New Year for renewals or at the time of enrolment. All ACFE classes incur a \$15 administration fee for 3rd party provider payments. Can be invoiced to 3rd parties in line with NDIS code of conduct and payment schedule.

Refunds

We regret that classes with low enrolments may be cancelled or deferred, and you will be advised by telephone prior to the commencement of the class.

The membership fee is not refundable.

Public Holidays

Classes will not run on Public Holidays. School holidays have special arrangements. Please ask at the office if your class is affected by School Holiday programming.

Special Needs

Arrangements will be made where possible to integrate students with special needs. Ask at the office when enrolling.

Compliments & Complaints

BCC feedback policy for compliments and complaints can be found on our web site or ask at reception.

Disclaimer: All details in this brochure were correct at the time of printing. BCC Inc. takes no responsibility for changes in details or incorrect information.

**** All Abilities classes have a separate trifold brochure****

CHILDREN'S PROGRAMS

Storytime

Come and join the Frankston Library team for a fun Storytime session. All ages welcome; the session is held in the theatre of the Healthy Futures Hub during the school term.

Wednesday

9:30am – 10am

FREE

Rhythm and Rhymes Playgroup

Rhythm and Rhymes is suitable for 0 - 5 years and is an opportunity for parents and carers to get together with their children for an hour and a half each week to sing, play and have fun.

Thursday Starts

9:30am – 11am

\$50.00 per term

**Playgroups are held at Davey Richardson Pavilion – 151 East Rd, Seaford
Look for our orange flag!*

HEALTH AND WELLBEING CLASSES

Walking Football/Soccer

Walking Football is a low impact, modified version of soccer where players are required to walk instead of run. Reducing injury risks, making it ideal for anyone looking for a gentle yet engaging way to stay active.

Wednesday

1pm – 2pm

FREE

Tai Chi & Qigong

Experience the gentle power of movement with indoor Tai Chi & Qigong sessions. Improve balance, flexibility and peace of mind.

Friday

9am - 9:45am

\$7.50 a session or buy a loyalty card – 10 sessions for \$60

*** All Abilities classes have a separate trifold brochure***

Fit after 50

Focusing on aerobic fitness, balance, strength, and coordination in a fun environment. A combination of Tai Chi, aerobic and Yoga moves.

Mon, Wed & Thursday

9:15am – 10:15am

Friday

10am – 11am

\$7.50 a session or buy a loyalty card – 10 sessions for \$60

Age strong

A group fitness class, focusing on exercises that include strength training, such as chair stands, arm curls, resistance band exercises, balance exercises, single-leg lifts. Ideally to improve stability and reduce fall risk. Designed to make everyday activities easier and to help maintain independence. Will need a doctor's letter/ referral is essential.

Monday, Wednesday & Thursday

11am – 11:45am

\$7.50 a session

Standing Strong

Ideal for participants graduating from Age strong or recovering from an injury. More assisted standing exercises. No referral needed.

Monday

12pm - 12:45pm

\$7.50 a session or buy a loyalty card – 10 sessions for \$60

Belvedere Walkers

These medium paced walks will leave from the hub and utilise the nearby walking tracks. Prams, dog's, carers and support worker's welcome.

Tuesday

10am – 11am

FREE

ADULT EDUCATION CLASSES

Better Reading and Writing

Improve and develop communication skills for everyday life at home or the workplace, with lessons in reading and writing. Job Active and Centrelink recognised, for skills development.

Thursday

12:30pm – 3:30pm

\$120 for the term

Auslan (Enquire at Reception for the level)

This 6-week AUSLAN pre-accredited training introduces you to the foundations of AUSLAN and Deaf culture in a welcoming, supportive environment. You'll learn practical signs and communication skills that can be used in everyday life, work, and community settings. Learning from a qualified tutor who creates a relaxed learning space where everyone feels comfortable to participate, practice and grow.

Wednesday

6pm – 9:00pm

\$165 (Includes a printed workbook)

COMPUTER CLASSES

Computer Skills

This course will help you improve your skills and knowledge. Designed for computer literate beginners.

Wednesday

9:30am – 1:30pm

\$120 for the term

Smart Phone – Unlocking the potential

We'll help you navigate your Apple or Android device with confidence:

- Staying connected: Mastering calls, texts, and video calls.
- Exploring apps: Discovering useful apps like social media, weather, and news.
- Security basics: Simple steps to keep your information safe.

Wednesday

2:00pm- 3:30pm

\$50 for 4-week short course

Digital support - B Supported

One-on-one technical support for your phone, tablet or laptop. We can help with setting up a device, organising photos, uploading, downloading, attaching a PDF or other digital assistance.

Book a 20-minute session with Emma.

Monday

12:30pm – 2pm

FREE

**** All Abilities classes have a separate trifold brochure****

SOCIAL PROGRAMS

Chatty Crochet

Whether you're a total beginner or a seasoned pro, come along for a relaxed and friendly afternoon. Facilitated by the lovely Cindy, this program is all about enjoying a cuppa, sharing a laugh, and working on your latest project in a supportive, stress-free environment.

Monday

12pm – 2pm

\$5 per session

Book Club

Join the Belvedere book club. They meet once a month to explore a diverse range of books and share thoughtful conversations.

Last Friday of the month

10am – 11:30am

\$5 per session

Social Art Classes

Join with like minded creatives to work on your drawing, painting, pastel and other techniques. Sharing knowledge together.

Wednesday

9am – 11am

\$5 per class (BYO your own materials)

Art Classes - Watercolours

Joy has over 40 years of experience as an art teacher and will guide you through the fundamentals of creating your own works of art!

Water Colours being her speciality.

Tuesday

10am - 12pm

\$30 per class (materials supplied)

Craft N Cuppa

BYO craft. Set time aside to finish projects or start new ones while sharing your skills and friendship, for example: knitting, card making, diamond art, crochet.

Monday

9am – 11:30am

\$5 per session

Classic Games

Use our board games and cards or bring your own to make up a table and have some fun. Games such as Rummy-O, chess, cards etc

Monday

12pm – 2:30pm

\$5 per session

Creative Cakes – A new timetable of themes each term!

Learn how to make stunning decorated cakes and develop skills such as piping, sugar flowers, cake decorating, figurines and more. Beginners welcome! Bookings are essential.

Friday

9am – 12pm

\$35.00 per session

Seaford Sewers

Come and join a likeminded group of quilters, sewers, and patch workers. Work on your own project in the company of fellow sewers! Share your knowledge and learn from others. Beginners welcome.

Friday

1pm – 3:30pm

\$5 per session

MenSay Men's support group

The group meets every Monday night during the school term for a chat, cuppa and to offer social support to each other. The group meets at 7pm (after office hours), offering a safe and confidential space to share each other's experiences in a casual and non-confronting way, which creates a culture of respect and trust.

Monday

7pm – 9pm

\$5 per session

Sing & Sway

Love music? Come join *Sing & Sway*. A fortnightly singing group where we sing and gently sway along to uplifting tunes with written lyrics and music. Led by Lisa, no experience is needed, just a love for singing and good company. Come for the music, stay for the joy!

Wednesday (fortnightly)

11am – 12pm

\$5 per session

WORK SHOPS

Evening Sketching with Dan

This 4-week short course will take participants through the foundations of sketching in a warm & friendly environment. Dan Lynch is a much-loved local artist with success in Art Exhibitions & Community Events.

Tuesday Evenings **6:30pm – 8:30pm**
\$120.00 including sketching pencils

Participants are encouraged to bring their own sketching journal

Worm Farm Management

Join our Worm Farm Management Workshop and connect with fellow eco-enthusiasts.

- Discover various ways to set up a worm bin
- learn what worms love (and what they don't)
- Master the art of harvesting and using castings.

Wednesday **15th April** **10:30am – 12:30pm**
\$20.00

Included in Workshop costs are your very own take home worms

Growing Autumn / Winter Vegetables

Learn What, How and When to plant.

Learn about companion plant groups, includes herbs and flowers

- Fertiliser Tips
- Keeping Seeds
- Harvesting Tips
- Planting Advice for berries and other winter plants

Thursday **16th April** **10:30am – 12:30pm**
\$20.00

Included are your own take home seeds



Families,
Fairness
and Housing

Web: www.belvedere.org.au